(1 line)

Title (Times New Roman 14 pt Bold)

(1 line)

First Author Name[1], Second Author Name[2], and Third Author Name[3]

(Times New Roman 12 pt Bold)

[1]Position of authors, Department/Field, Faculty, University (Times New Roman 1**0** pt)

[2]Position of authors, Department/Field, Faculty, University (Times New Roman 1**0** pt)

[3]Position of authors, Department/Field, Faculty, University (Times New Roman 1**0** pt)

*E-mail: Email of corresponding author (First author only) (Times New Roman 8 pt)

Abstract (Times New Roman 12 pt Bold, Left-aligned)

The abstract should be between 250 and 300 words (Times New Roman 12 pt Regular, Tab 0.5 inch, justified text) Present findings, perspectives, views that reflect solutions, alternatives, new knowledge, principles, guidelines, and academic practices. Write concisely, organize categories, and separate points clearly

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Keywords: 3-5 words (Times New Roman 12 pt Regular, separated by commas ",")

(Page break)

Introduction (Times New Roman 12 pt, Bold, left-aligned)

Content (Times New Roman 12 pt Regular, Tab 0.5 inch**,** Justified text)

Background, context, problem conditions of the study topic/case study/area case (with references)

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Principles, concepts, academic theories, practical guidelines, standards for problem-solving or development promotion (with references)

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Motivation for study, expectations, value, and anticipated benefits from the study

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Content (Times New Roman 12 pt, Bold, left-aligned)

Content (Times New Roman 12 pt Regular, Tab 0.5 inch**,** justified text) Present context, background, issues, showing key points within academic conceptual framework. Present in order by category, from major to minor importance, main points to sub-points, using numbered lists, paragraphs, and punctuation for clear understanding (with references)

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Present principles, concepts, theories, practical guidelines that reflect perspectives, new knowledge systematically and in categories, as steps for alternative solutions to problems or development promotion, in accordance with academic principles (with references)

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Conclusion (Times New Roman 12 pt, Bold, left-aligned)

Content (Times New Roman 12 pt Regular, Tab 0.5 inch**,** justified text) Summarize the overall coverage of presented findings in paragraph form without numbered items, italics, or bold text, without model images, reflecting academic value (no references needed)

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Recommendations (Times New Roman 12 pt, Bold, left-aligned)

From the study results, the researcher has recommendations for practical use by agencies and organizations regarding personal efficiency development, as well as suggestions for further research for interested parties.

1 . Recommendations from the study (for practical implementation - who, which agencies, how)

1.1...

1.2...

2. Recommendations for future studies (must be related to and build upon this article) Future studies should examine the following issues:

2.1 ....

2.2 ....

2.3 ....

References (Times New Roman 12 pt, Bold, left-aligned)

Format according to APA 7th edition. All references cited in the article must be listed completely in the References section. Arrange alphabetically A-Z.

(Do not include references that are not cited in the article content.)

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Examples of Reference Writing

Journal

Author. (Year). Article title. Journal Name, Volume(Issue), First page-Last page.

Example

Smith, J. A., & Johnson, B. C. (2023). *The impact of digital learning on student engagement in higher education.* Journal of Educational Technology, 15(2), 125-142.

Book

Author. (Year). *Book Title*. Edition. Place: Publisher.

Example

Williams, R. D. (2022). *Modern Educational Psychology: Theory and Practice* (4th ed.). Oxford University Press.

Thesis

Author. (Year). *Title*. (Degree, University).

Example

Anderson, M. E. (2023). *Development of an Online Learning Framework for STEM Education in Secondary Schools* (Doctoral dissertation, Stanford University).

Website

Author. (Year). *Title*. Retrieved Month Day, Year, from http://URL.

Example

National Center for Education Statistics. (2024). *Education Statistics in the United States: 2023 Report*. Retrieved January 15, 2024, from https://www.nces.ed.gov/reports/2023

Example of Table Format

Table 1 .... (Times New Roman 12 pt)

From Table 1 ....

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Example of Figure Format

Figure 1 .... (Times New Roman 12 pt)